

Break The Silence On Mental Health

1 800 668 6868  
KidSHelpPhone.ca

Kids Help Phone

# Walk so kids can talk

Suicide  
Uncertainty  
Hopelessness  
Anxiety  
Depression

Sunday, May 1, 2011  
[walkforkidshelpphone.ca](http://walkforkidshelpphone.ca)

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## HAMILTON WALK FOR KIDS HELP PHONE Sunday, May 1<sup>st</sup> 2011

F. H. Sherman Recreation and Learning Centre (a.k.a. Dofasco Park)

388 First Rd E., Stoney Creek at Green Mountain Rd E.

**\*\*Sorry animal lovers, no pets allowed\*\***

Registration: 9:00 a.m. Walk Starts: 10:00 a.m.

REGISTER AT [WWW.WALKFORKIDSHELPPHONE.CA](http://WWW.WALKFORKIDSHELPPHONE.CA)



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For more information contact 1-800-268-3062 ext. 8966 or [hamilton.chapter@kidshelpphone.ca](mailto:hamilton.chapter@kidshelpphone.ca)



Thousands of walkers will be sending young people a united message of courage and support by being part of the movement to break the silence on mental health. On Sunday, May 1, 2011, walk so kids can talk.